ACADEMIC COACHING FLOWCHART

How did you hear about us?

Walk-in Appointments
Looking for information on academic success?

Referral
Did the Writing Center, a Tutor, or a Professor suggest a visit to CAS?

Disability Services
How about skill building in connection with accommodations?

Academic Probation
Need to get back on track with academics?

Make an Appointment

Initial Meeting with Academic Coach
The first appointment will be approximately 60 minutes and will allow time to meet with an Academic Coach to complete an initial assessment and discuss goals for academic success.

Complete Self-Assessment

Academic Goals, Values, & Your Action Plan
Together with an Academic Coach, talk about, plan, write, and decide on implementation strategies toward reaching academic success goals. Time will be spent discussing academic obstacles, strengths, values, and practices in order to create personal Academic Action Plan.

Action Plan Follow-up

Initial Assessment

Action Planning

Resources & Delivery Systems

1:1 Coaching
Basic Skills
- Study skills
- Organization & Time Management
- Reading Comprehension
- Assistive Technology
Executive Skills
- Academic Skill Refinement

Workshops
- Time Management
- Test-taking skills
- Note-Taking skills
- Goal Setting
- Managing Stress
- Research & Writing
- Critical Thinking
- Career Development
- Presentation skills

Tutoring
- Math
- Statistics
- Spanish
- Finance & Accounting
- Baking & Pastry
- Culinary
- Food Service Management
- Science
- Business

Writing Center
- Brain Storming
- Proofreading
- Paper Revision
- Creative Writing
- Resume Critique
- Scholarship Essay Review
- Application Review

Disability Services
Accommodations such as:
- Alternative Testing Formats
- Classroom Accommodations
- Assistive Technology
  - Kurzweil
  - Dragon
  - Live Scribe

Tasks to be completed by student